

NEW YORK STATE SOCIETY FOR CLINICAL SOCIAL WORK

QueensChapter - Networking and Educational Presentation

Sunday 1/13/13

11 AM-1 PM

Holliswood Hospital

Terri Muuss, LMSW

"The Art of Recovery"

This workshop will explore the use of artistic/alternative activities and expressive therapies in dealing with clients suffering from PTSD or a traumatic event. It will provide participants with a fuller understanding of how these various activities can help clients to develop greater self awareness and express their feelings and thoughts in healthy ways. It will also provide insight into how these activities can help clients unlock and process painful traumatic events while deepening and enriching their talk therapy experiences. The connections between the need/use of the arts when working with clients affected by a trauma will be explored as well as the concept that trauma is stored in the body. Through personal examples and excerpts from her one-woman show, Terri Muuss will show how alternative/expressive therapies helped her to unlock the source of her trauma and enriched her talk therapy process. At the end of the workshop, all participants **will be given** the chance to experience the impact the art of writing can have on their own emotions.

Free Parking Light Refreshments Certificates of Attendance Free to Members

\$15 for non-members